

# Lasting Lines - Post Procedure Instructions

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**IMMEDIATE CARE: First 24 hours for eyes and lips** - Apply cold packs, 10 minutes on and 10 minutes off. Take a zip lock sandwich bag filled halfway with ice and wrap a clean wet washcloth around it. The wet cloth will prevent any sticking to your wound and buffers the cold on the treated area. Elevate your head and shoulder area for a night or two. This will help with the swelling.

## **SEVEN DAY CARE:**

Keep treated area moist and protected by applying ointment to the area **VERY SPARINGLY**. Over applying may cause healing problems. **Eyes, brows, scar camouflaging and areolas**, apply ointment only twice a day, once in the morning and once at night before bed. **Lips** may have ointment applied 6 to 8 times a day. And keep fingers and nail sanitized before going to bed. People scratch in their sleep.

- Do not expose to sun or tanning booth.
- No soaps, cleansing cream, make up or chemicals to pigmented area. ( just ointment )
- Do not expose treated area to the pressure of the shower water. It will remove protective scab and also the color.
- Make sure the shower water is not steamy hot. It will open the pores and pull color out as well as saunas and Jacuzzis. Stay out of chlorinated water. It will alter the color the first week.
- After the week of healing never apply Retin-A, micro dermabrasions, laser peels, acid peels etc. These will lighten the color more quickly over time.

**EYES:** No mascara for 7 days. When you go back to wearing it, make sure it is a new tube with no bacteria. And not contacts for 24 hrs. You will repeat this on touch up.

- Never touch the eyes for 7 days. Because of swelling, the tear ducts are not releasing the fluids to cleanse the eye of bacteria so you are more susceptible to conjunctivitis (pink eye) Should someone direct coughs and sneezes in your direction, turn your back. Pink eye can be airbourn as well

**BROWS:** Bandaid protection on the tails after ointment is applied will minimize color loss if you're a side sleeper.

**LIPS:** No kissing, stretching, puckering or disturbing the surface of the lips for 7 days. All of these will result in major loss of color. When brushing your teeth try not to rub the handle against the lips and flossing on hold for 7 days. When eating, soft foods are better but if you are eating something you usually cut up, cut it up smaller and pass through the lips without rubbing against them until the top coat has released.

Eat no berries or drink dark berry wines or juices. This will result in the fruit acids healing under the skin and leaving undesirable color in the lips permanently. Avoid **HOT** drinks and foods. Cool them before ingesting them.

**SUN PROTECTION:** After 7 days the pigmented area must always be protected from Ultra Violet Rays.

- Sun glasses and visors can be used for the eyes when out of doors and when in the tanning booth, goggles or winkies may be used.
- Any lip balm with **SPF 25** and higher works well for lip protection. Any WAX sunscreen, such as Coppertone Sun Stick SPF 55, for the brow area YEAR ROUND, will protect the color. These will not only protect the tattoo but will allow the color to show through the skin better.

**REMEMBER:** The treated area will appear more intense in color until the top coat releases. The eyes and lips will appear much bigger until the swelling which goes down in approximately 48 hrs (2days) **DO NOT PICK OR PEEL ANY SCABBING**. Let it release by itself. Premature loss of scabbing will result in major color loss or even scarring and will delay your touch up.

- The scabbing will start to release from the lips starting the 2nd day and finish up about the 4th day.
- The scabbing will start to release from all other procedures about the 4th day and finish up about the 7th day.
- All needles, tubes, color and color caps are disposed of and on your return all new sterilized equipment will be used.
- Anything that needs to be filled in, widened, lengthened, darkened or lightened, will be done when you return for your touch up appointment when all of the healing has taken place.
- All touchups must take place within **90 days** from the initial procedure. A **72 hr. cancellation notice** is required.

***My signature constitutes I have received aftercare instructions. I understand my responsibility to follow them. These instructions MUST be followed 100% to achieve maximum results.***

Name \_\_\_\_\_

Date \_\_\_\_\_